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Bangalore Mirror

TEMP Max 37 | Min 23 | Humidity 28% Partly Cloudy Sensex 73,088 | Nifty 22,147 | Gold 72,800 | Silver 83,524 | Dollar 83.37 | Euro 88.96 | GBP 103.12

Steel hoarding work on lake land 'against court order banning use of lake or its buffer zone for commercial purposes'

HOARDING LAKE LAND

Avalahalli panchayat denies giving permission

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

The ongoing construction of a steel hoarding at Yele Mallappa Shetty Lake area near Medahalli has invited criticism from residents and lake activists.

They said the minor irrigation department engineer is busy with election duty; so the construction work is going on without any hassles.

The lake activists complained that the workers have damaged a few saplings planted by the volunteers and residents during the last tree plantation drive.

"I visited the spot and enquired with the workers but they refused to reveal the name of the owner or agency that is responsible for the ongoing construction work. It has become a routine for people to utilise the lake land for commercial purposes. The other side of the lake land is being used to dump all types of debris and the land on this side is being used for installing hoardings to be used for commercial purposes," said lake activist Balaji Raghotham.

CONTINUED ON PAGE 6 »

Hoarding material kept on the lake land; Foundation for the installation of a hoarding pole

"...the contractor availed permission from Avalahalli panchayat which does not have the power to allow use of lake land for commercial purposes

— Rajanna, engineer, minor irrigation dept

Summer policing

Traffic police distributing umbrella shelters, water bottles for its personnel on duty

| Melvin Mathew
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TWEETS @BangaloreMIRROR

To cope with rising summer heat, the Bangalore Traffic Police is distributing umbrella shelters for its personnel. The measure is being undertaken taking into account officials discharging duty often standing under scorching sun.

Ordinary citizens can find shelter inside four-wheelers or as they work from inside of offices. However, police officials have to manage the traffic in the sweltering heat. So, now the BTP is distributing umbrella shelters and water bottles in urban areas hit by extreme heat where traffic police officials are manning traffic.

In the north division, officials are distributing umbrella shelters in areas with limited or no shade. "We are mainly focusing on areas where traffic officials are seeing maximum direct heat. Especially on the Hebbal flyover, we are distributing water bottles and umbrella shelters. Usually, personnel work in three shifts and each shift would have 3-4 staff. They have to stand and manage the traffic," said DCP north (traffic), Gowri DR.

West division has also taken up the

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 Art of pasta making

Join expert chefs as they guide you through the step-by-step process of creating various pasta shapes and flavours. From classic spaghetti to delicate ravioli, unleash your creativity and elevate your cooking skills. **When- April 22 onwards; Where- SmallWorld, Koramangala**

02 Resin art

Led by experienced artists, this workshop will cover the fundamentals of resin art, including mixing, pouring, and creating mesmerising effects. Whether you're a beginner or an experienced artist, this workshop offers something for everyone. **When- April 22 onwards Where- SmallWorld, Koramangala**

03 Wall hanging workshop

Join in for a hands-on experience led by expert instructors, where you'll learn the art of woodworking and bring your creative vision to life. Whether you're a novice or seasoned DIY enthusiast, this workshop is perfect for all skill levels. Unleash your creativity and add a touch of personality to your living space with a handmade wooden wall hanging. **When- April 22 onwards Where- Art Beat, HSR Layout**

Principal of the year

Fr Sunil Fernandes, the esteemed Principal of St Joseph's Boys' High School, Bengaluru, has been celebrated for his outstanding achievements in education. The Universal Mentors Association bestowed upon him the distinguished title of 'Principal of the Year 2024' at the esteemed 12th EDULEADERS Summit & Awards. Recognised for his invaluable contributions to the field of education, Fr Fernandes stands as a beacon of inspiration and excellence.

Ride for a cause

The inaugural "Ride with Transgenders for a Cause" by the Association of Biking Community India, aimed at "Building Homes for 1,000 Orphans," was flagged off at Ashoka Pillar, Jayanagar. The event witnessed the participation of 200 bikers from Bengaluru, accompanied by 30 traffic wardens and transgender individuals on Saturday.

Teen pregnancy count raises alarm in K'taka

Chief Minister calls for formation of task force and stricter enforcement of laws following alarming teen pregnancy statistics

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Expressing concern over the increase in the number of adolescent pregnancies, Chief Minister Siddaramaiah wrote a letter on April 15 to the Chief Secretary, urging measures to prevent teen pregnancies in the state. Citing statistics from the Reproductive and Child Health (RCH) portal of the Union Health and Family Welfare Department, the CM highlighted that 28,657 teen pregnancies were reported from January to November 2023 in Karnataka. "Poverty, child marriages, sexual assaults, bad habits, and lack of sexual awareness are reasons for adolescent pregnancies in the state. The issue was discussed during the last Assembly session. The need of the hour is not only to prevent such incidents but also to protect adolescent pregnant girls and provide counselling to instil confidence," said the CM.

The CM advised the Chief Secretary to form a Task Force comprising different departments to enforce the POCSO Act, Child Rights Protection Act, Juvenile Justice (Care and Protection of Children) Act, and Prohibition of Child Marriage Act. "An incident of adolescent girls becoming pregnant at a PU Girls' Government Hostel at Madhugiri in Tumkur District recently. You have to take measures to prevent such incidents at girls' hostels maintained by the Social Welfare Department, Backward Classes Department, and Minorities Welfare Department. CCTV cameras should be installed at these hostels. Medical tests should be conducted for girls who return to hostels after a long leave. The officials have to collect attendance reports of female students from schools and colleges," the CM said in the letter. He also emphasised that stringent action should be taken against medical stores for selling anti-pregnancy tablets without a doctor's prescription.

> **"The need of the hour is not only to prevent such incidents but also to protect adolescent pregnant girls and provide counselling to instil confidence**
> – Chief Minister Siddaramaiah

Meanwhile, child rights activists have welcomed the CM's directive to the Chief Secretary to form a task force with various departments to ensure the effective implementation of various acts aimed at children's welfare. "I want the government to ensure the functioning of various committees formed for the welfare of children and to create awareness on the POCSO Act. Arrangements have to be made for counselling for children at the school level. Care should be taken to avoid embarrassment to the adolescent girls who are pregnant," said Nagasimha G Rao of Child Rights Trust.

Karnataka State Commission for Protection of Child Rights chairperson K Naganna Gowda expressed concern over the alarming number of adolescent pregnancy incidents recorded by the Reproductive and Child Health portal. "We will chalk out a program to prevent adolescent pregnancies in the state after the Lok Sabha elections," he said.

BBMP, MAHE join forces for stray welfare

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In a heartening display of community involvement, the Bruhat Bengaluru Mahanagara Palike (BBMP) has teamed up with educational institutions to enhance its efforts in animal welfare through the ABC-ARV programme. Led by Vikas Suralkar, BBMP's Health Division, the initiative focuses on sterilising, vaccinating, and caring for stray animals in Bangalore. Notably, a collaboration with the Department of Liberal Arts, Humanities, and Social Sciences at Manipal Academy of Higher Education (MAHE) has been pivotal in raising awareness and fostering empathy among students towards animals. Students actively participate in creating and curating content on social media, promoting inclusive and compassionate themes.

Dr Shilpa Kalyan, HOD of the department at MAHE Bengaluru, lauds the initiative, emphasising the importance of kindness towards strays, particularly during the hot summer months. The initiative urges citizens to provide water to thirsty animals, garnering widespread support from animal lovers and organisations like CARE, Praanaa Foundation, and Citizens for Animal Birth Control (C4C). BBMP's collaborative efforts aim to ensure the welfare of stray animals while nurturing a culture of empathy and responsibility in society, especially in the face of rising temperatures threatening their well-being.

Rs 50 tip? Auto rides getting costlier

Screenshot trick being used to make passenger think they have to pay a little more than actual cost

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A woman who was commuting from Murugeshpalya to her home in Koramangala booked an auto. At the time of the booking, the ride was worth Rs 150.

However, when she reached her location, the auto driver showed her the total amount. It showed Rs 200 and because the woman was in a hurry, she scanned the QR code on the auto and paid up.

It was only when she had entered the lift of her apartment complex, that a notification popped up showing that her trip had ended and she was supposed to pay Rs 150.

The woman's is not the only such case. Other cases have also cropped up of auto drivers showing previously taken screenshots of payments which is about Rs 50 more than the original payment.

As the ride hasn't ended in the app, the customer doesn't receive any notifications.

"At that time I didn't think much and wondered if it was a glitch in the app. Then a few days ago, while I was going to make a payment after I got off the auto. I realized that it was some Rs 70 more than what I had booked earlier.

This time, I told the auto driver to open the App, and he told me that he is showing me the app screen. But this time I snatched his phone and swiped, only to see multiple screenshots in the gallery with different payment amounts," she said.

After getting a scolding, the auto driver ended the trip on the app.

Another citizen with a similar experience said that because the customers are used to auto drivers telling them not to scan the QR code on the app and directly pay them on their personal number, the commuters don't understand that if what is on the screen is the app or a photo in the gallery.

"It happens when you are traveling a long distance. Recently, I was coming to Indiranagar from Whitefield, and the screenshot scam happened to me. I realised that I am used to the idea that prices would change when you commute than what was shown in the app earlier because of traffic and timing. So when I am already seeing a Rs 300 trip on the app before starting, if the auto driver shows me a screenshot of Rs 340, I don't think much," said the woman.

Volunteers clean up lake areas, find pile of paper litter

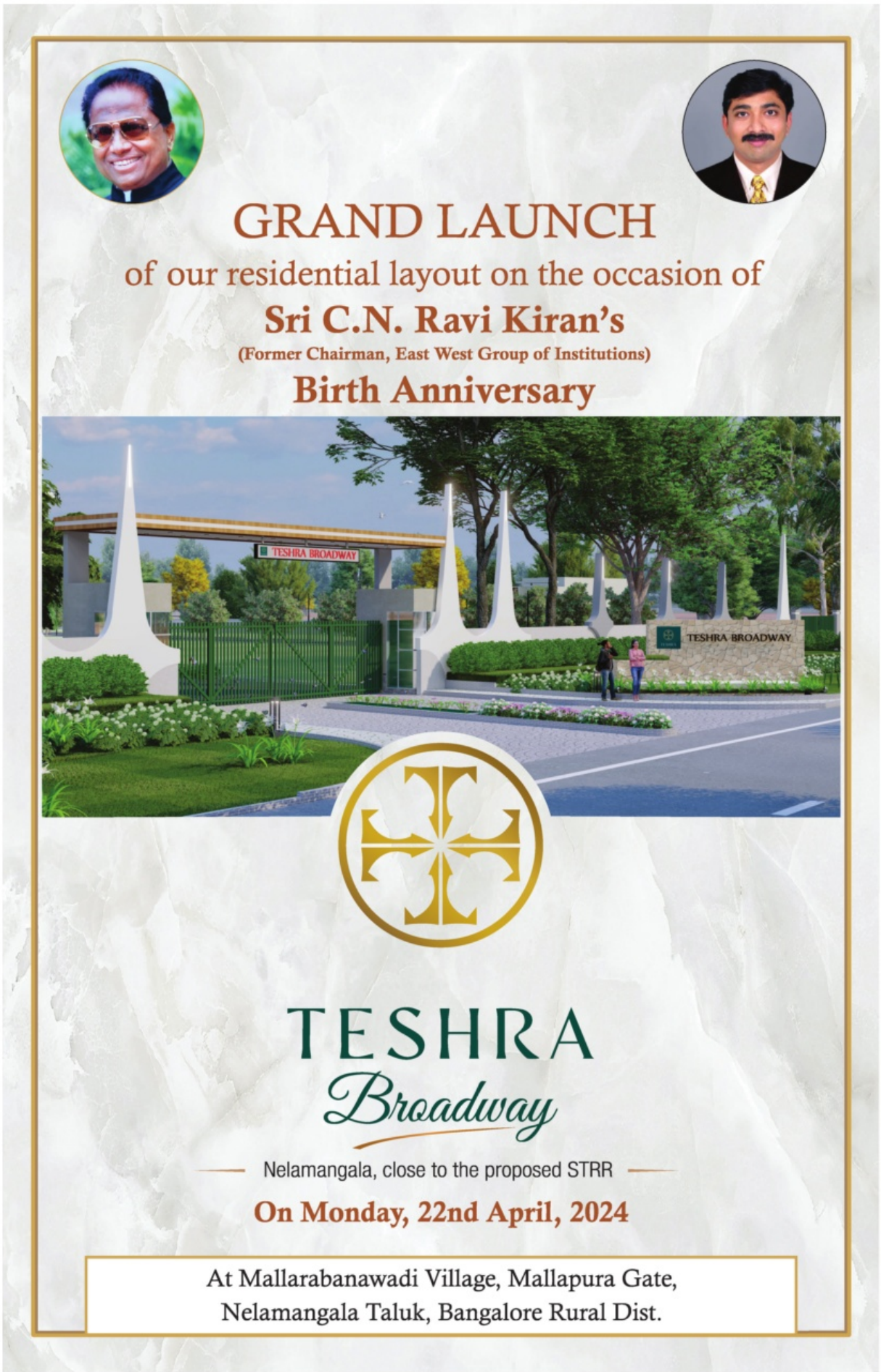
With monsoon round the corner and environmental concerns escalating, the Indian Ploggers Army is leading the charge in safeguarding water bodies in the city.

Volunteers of the citizens' group have been working hard to clean up some of the city's most polluted lakes. They focused on Sarakki Lake, Pattandhur Lake, and Ulsoor Lake. Over 125 volunteers came together with one goal: to make the lakes beautiful again. The volunteers have managed to remove more than 150 kg of garbage from the lake areas. Among the trash they collected were things like gutka packets, liquor bottles, and snack wrappers. They noticed that there were fewer plastic bottles, but there was a lot of disposable stuff like paper cups and plates.

The volunteers kept going with their cleanup mission at MES Grounds. This time, they were joined by volunteers from the Robin Hood Army who also wanted to help. With support from BBMP marshals and people passing by, they quickly cleared away more than 15 sacks of garbage in just 90 minutes.

Raj from the Ploggers Army said, "While we appreciate the participation of BBMP and corporates during our weekend cleanups, we eagerly anticipate greater involvement from residents in the vicinity. It's crucial to focus on preventing garbage generation in the first place. Simple actions like bringing homemade food and using reusable cutlery can make a significant difference. We call on BBMP to enforce the single-use plastic ban more strictly." "Cleaning up the lakes isn't just about picking up trash; it's about preserving our natural heritage and safeguarding ecosystems that depend on them," said a volunteer.

– Iffath Fathima



Clean-up drives: Citizens hit a century in Hemmigepura

Volunteers have been coming together every Saturday since 2022, without any breaks, to beautify black spots

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The volunteers of the citizen participation programme of Hemmigepura Ward have every reason to smile with pride. Whether rain or shine, the volunteers successfully completed their 100th clean-up drive on Saturday. They religiously gather every Saturday, even during the monsoon, to join hands with conservancy workers either to beautify black spots or to clear plastic and clean choked drains to ensure the flow of water without any hassles during the monsoon.

"I am very happy to complete 100 clean drives by Saturday, April 20. All credit goes to conservancy workers and volunteers. We not only remove plastic and waste on the road and vacant places but also beautify black spots. We also visit schools to create awareness among children on how to reduce plastic. There was a big black spot near Government School at Ganigarapalya. The students also joined hands with us to beautify that black spot and create awareness among the residents. We have also volunteered to clean plastic and waste at Turahalli Forest in association with the Karnataka Forest Department," said Chaithanya Subrahmanya, one of the key volunteers.

She said the first clean-up programme was launched on May 29, 2022, and it has been continued without any break even during the monsoon. "On average, 10 to 25 volunteers participate in the clean-up programme every week (Saturday), and sometimes the number of volunteers goes up to 50. We have to thank the Solid Waste Management (SWM) Department of Bruhat Bangalore Mahanagara Palike (BBMP) for their cooperation," she said, adding that there are some young volunteers who participate in the clean-up programme. Brinda Basappa, a resident, said that she was thrilled at the enthusiasm of the volunteers. "I have been participating in a clean-up programme for the last four weeks. It gives me immense pride," said Brinda Basappa.

> **We not only remove plastic and waste on the road and vacant places but also beautify black spots. We also visit schools to create awareness among children on how to reduce plastic**
> – Chaithanya Subrahmanya, volunteer

Thanking conservancy workers for their support, Sudhakar PN, a volunteer, has said that he feels proud to be one of the volunteers. "It is not a joke to continue clean-up programmes for 100 weeks. We are set to complete two years in four weeks. I consider my participation in the clean-up drive as a small contribution to society. Recently, we removed plastic and garbage from Turahalli Forest. We are grateful to the Deputy Conservator of Forest for his cooperation," said Sudhakar.

Appreciating the volunteers for their dedication, BBMP Senior Health Officer Ravichandrachari TK said that 10 to 15 conservancy workers have been participating in the clean-up programme every Saturday. "I am of the opinion that Hemmigepura Ward is the only ward where the citizen participation programme is on since its launching day. The volunteers continue to participate in the programme even in monsoon. I am very happy to associate with the volunteers," said Ravichandrachari, adding that he would be happy to provide conservancy workers to the volunteers in future.

Volunteers in action at the clean-up drive

Commuters demand widening of Guttahalli Road

Citizens advocate for rectification to alleviate persistent traffic bottlenecks

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Commuters travelling from Cauvery Theatre are asking officials to widen Guttahalli Main Road, stating that there is a rising bottleneck in the stretch. They suggest that a small correction of the footpath could alleviate commuter woes. For various reasons, Bengaluru roads lack uniform width in many places. This design flaw causes incoming vehicles to choke at narrowed stretches. Commuters are complaining that the bottleneck results from the road's lack of uniform width. They are urging officials to rectify the stretch and enable the free flow of traffic.

"The stretch between Cauvery Theatre and the Guttahalli Flyover has turned into a bottleneck. We have been asking officials for rectification of this stretch for many years now. While travelling from Cauvery Theatre towards Bangalore Development Authority (BDA), the commuter can either go above the flyover or below the flyover. However, the Guttahalli Road starts narrowing. This flaw has been leading to more bottlenecks in the stretch. During peak hours, if the carriage width is occupied by a bus, barely a two-wheeler can pass," said Rajkumar Dugar, a citizen activist and convenor of Citizens for Citizens. Commuters highlighted that they have been speaking to Sadashivanagar and High Ground traffic police stations for a solution to the problem.

> **For various reasons, Bengaluru roads lack uniform width in many places. This design flaw causes incoming vehicles to choke at narrow stretches**

"Officials need to resolve the uniform width issue on the road. Without undertaking heavy land acquisition, the project can be undertaken by adjusting and straightening the width of the footpath," he added.

Guttahalli Main Road

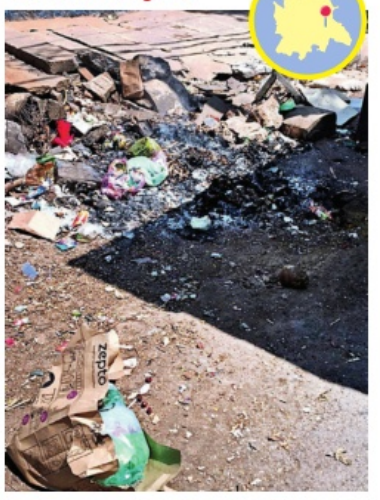
whatsapp MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Trip & fall
Kumara Krupa Road

Citizens can trip and fall over dangerous jagged metal tubes and cables on the footpath on Kumara Krupa Road.

Burning garbage
Victoria Layout


Garbage burning opposite Nandan Football Ground is a recurring issue despite complaints, necessitating immediate action.

No place for garbage
Nandini Layout

BBMP's warning against garbage throwing on 25th Main Road, Nandini Layout, has not deterred people from littering, requiring stricter enforcement measures.

Electric deal breakers: Cost, charging time

IISc study shows driving range, charging facilities can boost electric car buyers

An electric car on the roads of Bengaluru

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Study also underlines safety and reliability risks are other big barriers to the adoption of electric vehicles followed by a lack of infrastructural readiness

The high upfront cost of electric cars, coupled with lengthy charging hours, are some reasons Bengalureans are not opting for electric cars, according to an analysis conducted by researchers from the Indian Institute of Science (IISc). The study, conducted on potential buyers of electric four-wheelers in Bengaluru, shows that while purchase price, operating cost, and charging time are forcing buyers to take a back seat, driving range and charging facilities have a positive impact on the adoption of E-cars.

The analysis, through face-to-face interviews, was conducted between February and April 2022 by researchers from the Department of Civil Engineering of IISc.

The study also underlines that safety and reliability risks are yet other big barriers to the adoption of electric vehicles followed by a lack of infrastructural readiness. This, while environmental benefits turned out to be motivators for electric four-wheeler adoption.

Researchers say these findings are expected to help decision-makers towards widespread adoption of electric four-wheelers in developing economies such as India by bringing in more effective strategies.

The analysis advocates that policy incentives like priority lane access, free parking, and toll tax exemptions for electric four-wheelers can be used to accelerate the adoption rate of electric four-wheelers. "Findings reveal that consumers are willing to pay an additional US$ 600 to reduce US$1 per 100 km on operating costs, US$ 6 to reduce the charging time by a minute, US$ 976 to increase the driving range by 100 km, and US$ 17 to increase the charging infrastructure by one percentage point," noted the study.

However, it highlights the limited knowledge about electric vehicles, suggesting a need for improved information dissemination. It further notes that public perception towards electric four-wheelers can be positively changed by addressing various factors, leading to a more sustainable transportation future.

"The widespread adoption of electric vehicle usage across India requires a multifaceted approach. Moreover, government interventions, such as incentives and financial support, can play an important role. Apart from establishing a robust charging infrastructure, it is equally important to address misconceptions and apprehensions related to electric vehicles, such as range limitations and reliability concerns.

Fuelling research and innovation through partnerships involving governmental bodies, industry players, academic institutions, and non-governmental organisations can further accelerate advancements in electric vehicle technology, affordability, and integration," noted the study.

KMF to sponsor Ireland, Scotland cricket teams

The Karnataka Milk Federation, the state-owned dairy cooperative federation with the brand name 'Nandini', will sponsor the Scotland and Ireland cricket teams in the 2024 T20 World Cup — a move which has come under criticism in some quarters.

"Yes, we are sponsoring them. They are going to display our brand during the matches," KMF Managing Director MK Jagadish said on Sunday. He said the decision was taken to make Nandini a global brand.

"We already have stores in the Middle East. Our presence is in Singapore as well. We are selling our sweets in America," Jagadish explained. Information technology industry veteran and former Chief Financial Officer of Infosys TV Mohandas Pai criticised the move.

In a post on 'X' (formerly Twitter), he said: "What a big shame! Why are they using the money belonging to the farmers of Karnataka, paid by consumers who are Kannadigas, to sponsor foreign teams? What value will it deliver? Pay poor farmers better. @siddaramaiah @DKShivakumar this is a waste for a largely Karnataka-based co-op!"

Responding to this, Jagadish said, "85 per cent of our revenues go to the farmers only. We are sponsoring it for the promotion of our product. We need to go global," he said. —PTI

Former mayor's home burgled

The home of former Bengaluru Mayor R Narayanaswamy was robbed of items valued at over Rs 1 crore, including cash and valuables, at 2nd stage RMV Layout in Sanjay Nagar. Suspicions are directed towards the security guard, Narabahadur Shaayi, who is currently on the run. The theft occurred when none of Narayanaswamy's family members were present at home.

Stolen items include 1425 grams of gold (Rs 99.75 lakh), 22 kgs of silver (Rs 18.92 lakh), 3 watches (Rs 6.5 lakh), and Rs 4 lakh in cash.

Narayanaswamy, who had been away campaigning for elections and visiting a temple in Tamil Nadu with his family, returned to find the house door ajar and Shaayi unreachable. A complaint has been lodged at the Sanjay Nagar Police Station, and efforts are underway to apprehend Shaayi.

Hubballi murder: Muslim groups to observe bandh for Neha Hiremath

Muslim organisations here have given a call for a 'bandh' (strike) on Monday, condemning the murder of 23-year-old college student Neha Hiremath in Hubballi recently.

Dharwad based Anjuman-e-Islam president Esmail Tamatgar said all the businessmen from Muslim community will observe bandh from 10 am to 3 pm tomorrow to offer their condolence to the departed soul and protest the brutal incident.

"Tomorrow we will observe bandh. Chicken shops, garage workshops, fruit vendors, banks, institutions will remain closed to condole the death and show our solidarity with the family. We will put up 'Justice for Neha' stickers at our shops," Tamatgar said.

He added that a rally will also be taken out.

"The protest is to send across a message that never such incidents should occur to any girl child. We condemn this incident," Tamatgar said. Neha Hiremath (23), daughter of Congress Councillor of Hubballi-Dharwad Municipal Corporation Niranjan Hiremath, was allegedly stabbed to death on the campus of BVB College on April 18.

The accused Fayaz was arrested by police subsequently. **PTI**

Stop! City shall not be bored to death

36 cases filed for illegal drilling of borewells; perpetrators try to escape action by drilling at night but neighbours complain

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As summer reaches its peak and amid water scarcity, numerous households are resorting to private borewells on their premises. However, they are facing legal issues as these borewells are unauthorised. In just one month, there have been 36 reported cases of illegal borewell drilling across various police stations in the city.

Specifically, there were three cases in east-1, four in east-2, three in southeast-1, four in central, two in northeast-2, one in northwest-2, two each in west-1 and west-2, one in south, one each in south-2, six in southwest-1, and seven in southwest-2 divisions.

The depletion of groundwater levels due to scanty rainfall over the past year has led to around 75% of the 3.50 lakh residential borewells in the city drying up, with the water level drastically decreasing in the remaining borewells.

A BWSSB official expressed concern, stating that unscientific and unauthorised borewells were depleting valuable underground water resources. Consequently, on March 3, BWSSB made it mandatory for anyone wishing to drill a borewell to obtain permission from the water body. Now, 36 cases have been registered against those who violated this directive.

Another official noted that most illegal borewell drilling activities were occurring at night, under the assumption that authorities would be unaware at that time. However, due to the noise generated by borewell drilling, concerned neighbors have been alerting BWSSB and lodging complaints.

BWSSB chairman Dr Ram Prasath Manohar V said, "Legal action, including police cases, will be initiated against anyone engaging in illegal borewell drilling. This includes filing cases against those who commission the drilling and the operators themselves, who will be brought before the court for legal proceedings."

> **"The BWSSB had also cracked down on residential properties suspected of clandestinely supplying water to private tankers**

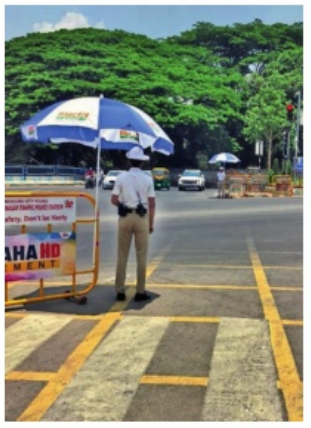
Earlier, the BWSSB had intensified its efforts to curb water wastage by penalising 362 individuals for wasting water. The BWSSB has also implemented a 10 percent water cut since April 14, affecting bulk users consuming between 20 to 40 lakh litres of water.

The chairman of BWSSB emphasized the importance of water conservation, stating that it is not solely the responsibility of the BWSSB but a shared responsibility of everyone. Any instances of excessive water usage will result in water supply cuts as a measure to enforce conservation.

The BWSSB had also cracked down on residential properties suspected of clandestinely supplying water to private tankers. Over 200 notices have already been dispatched to such households. At present, BWSSB serves the water requirements of 10.84 lakh households.

Out of the 10,955 public borewells, 1,214 have dried up completely, with another 3,700 witnessing a significant reduction in water levels. Within BWSSB's jurisdiction, there are 11,000 borewells designated for public use, alongside 4.5 lakh private borewells drawing from both Cauvery water and private sources.

Umbrella, water bottles for traffic cops on duty



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initiative in almost all the junctions: "We are distributing umbrellas and water in all the junctions where there are no kiosks or tree shade. Nearly 20-25 officials are deputed at the junctions. The work is being carried out with the sponsorship of companies."

However, traffic officials noted that the measure is not permanent. "It's impossible to avoid the heat. Even though we are distributing the umbrellas, they are not very effective. Traffic officials are facing difficulty in seeing the oncoming traffic. They are not able to work efficiently without moving. In some cases, wind blows away the umbrellas," said DCP west (traffic), Anitha B Haddannavar.

Activists said in increasing heat, the focus must lie on the ultimate solution — the trees.

"These umbrellas cannot be very effective and can hinder the work of traffic officials. At least, the umbrellas must be at multiple points and of larger diameter. This would allow them to keep moving under shade and work under the umbrellas with some movement. But the best solution would be for the city to focus on growing more trees. They can provide shade that none of the other measures can," said mobility expert Rajkumar Dugar.

Yele Mallappa Shetty Lake area 'encroached'

CONTINUED FROM PAGE 1

It is alleged that the contractor has availed permission from Avalahalli panchayat for the construction of the hoarding on the lake land.

Criticising those responsible for the ongoing construction to install a hoarding, V Ramprasad of Friends of Lakes said that utilising the lake or buffer zone for commercial purposes is against court order and that the hoarding will pose danger not only to the lake and also to people who visit the waterbody for walks.

"I am of the opinion that gram panchayats have no jurisdiction to give permission for people to use the lake or buffer zone or wetland for commercial purposes. The contractor or the agency should get permission from Karnataka Tank Conservation and Development Authority. It has to be verified whether the authority gave its nod for installing the hoarding," said Ramprasad.

Expressing concern over the encroachment of Yele Mallappa Shetty Lake by the land mafia, M Eshwarappa of Right To Water said land mafia has been encroaching the lake land but no action has been taken against them.

"There is no provision to use the lake land for installing hoarding. The authorities concerned have failed to protect the lake from encroachers. I am of the opinion that the authorities' negligence is the main cause for people misusing the lake land. What were the authorities doing while the construction was going on at the lake land all these days," wondered Eshwarappa.

When contacted, Avalahalli panchayat president denied giving permission for installing the hoarding on the lake land.

"I have nothing to do with the ongoing installation of the hoarding. The allegations are untrue," the president said. Meanwhile, minor irrigation department engineer Rajanna has said he did not give permission for installing the hoarding on the lake land.

"I came to know that the contractor availed permission from Avalahalli panchayat which does not have the power to allow people to use the lake land for commercial purposes. I will take measures to remove the hoarding material from the lake land," said the engineer.

It is going to be a tight one

Shobha Karandlaje under pressure to win in her party stronghold

Shobha Karandlaje flaunts her party symbol during a campaign ahead of Lok Sabha elections, in Bengaluru

After she was shifted to Bangalore North segment for the coming Lok Sabha elections, Union Minister Shobha Karandlaje is determined to prove a point or two and wants to ensure that BJP continues its winning streak here.

Bangalore North has remained a BJP stronghold since 2004 and the 57-year-old is banking on the "Modi factor".

She is facing Congress candidate and former Rajya Sabha member MV Rajeev Gowda, who is putting up a spirited fight. Both belong to the Vokkaliga community. Karandlaje is a two-time MP from Udupi-Chikmagalur but was moved out after she faced a "Go back Shobha" campaign there from a section of her party. Karandlaje has been telling people how India is on the development path in the past 10 years under Prime Minister Narendra Modi's leadership.

"This is an election to save India's culture and 'Sanatana' traditions," the Union Minister of State for Agriculture and Farmers Welfare, who hails from coastal Karnataka, said.

According to BJP sources, she has a strong backing of former Chief Minister and BJP stalwart B S Yediyurappa.

Since 2004, BJP is holding this seat, which was a Congress fortress from 1952 to 2004 barring the 1996-1998 period when the then Janata Dal's C Narayanaswamy was the MP.

Former Railway Minister late C K Jaffer Sharief was the longest serving MP of this constituency who represented it seven times, including for five terms uninterruptedly from 1977 to 1996.

Since 2004, BJP had three MPs from here-- former Karnataka Director General of Police H T Sangliana, late D B Chandre Gowda and former Union Minister D V Sadananda Gowda, who were all considered "outsiders".

Of the eight Assembly segments under Bangalore North, five are represented by the BJP and the rest by the Congress. Karandlaje is known for indulging in "communally divisive" speech and polarisation which people don't want here, alleges Rajeev Gowda, who is making his debut in the Lok Sabha elections.

People want to enjoy a good quality of life and grow and prosper, and don't want this area to become communally charged and divided, says the former Professor of Indian Institute of Management Bangalore where he taught economics and policy.

The Chairman of the AICC Research Department appeared upbeat about his electoral prospects.

There is no Modi wave in Karnataka in this Lok Sabha election, the 60-year-old claimed. It's the five guarantee schemes of the Siddaramaiah-led Congress government delivered within 10 months of coming to power that are helping people who are in trouble, he said. Also, the "sense of injustice" to Karnataka (in terms of devolution of funds by Centre) and the (dismal) record of the previous BJP government here are what will work in favour of the Congress, he added.

"We did not get proper candidates", a voter said referring to BJP fielding "outsiders" here in the last few elections. "People who were rejected elsewhere have been dumped here on us. We are not happy," the voter added. Nearly 12,000 voters opted for 'None Of The Above' in the 2014 and 2019 Lok Sabha polls here. **-PTI**

No question of merger: HDK shuts down buzz

JDS and BJP will work together, his party not to merge with any other party, Kumaraswamy makes it clear

Amid speculations of the merger of Janata Dal-Secular with the BJP, former Karnataka Chief Minister and JDS-BJP candidate HD Kumaraswamy said on Saturday that if everything goes smoothly, there is no question of JDS being absorbed into the BJP and they will work together.

In an exclusive interview with ANI, Kumaraswamy said, "There is no question of merging our party with any other party. Categorically, I am telling you. There is no question. If the BJP treats us well and everything goes smoothly, there is no question of JDS being absorbed into the BJP. We will work together."

"I would like to tell Siddaramaiah that even if 100 Siddaramaiahs come against us, they can't do anything to our party. They can't damage it," he said.

Going back in time, in 2006, Kumaraswamy rebelled and walked out of the JD(S)-Congress coalition with 42 MLAs, reportedly against the wishes of his father, former PM and JD(S) patriarch HD Deve Gowda, citing a threat to the party, and formed the government with the BJP.

He was asked whether inviting Deve Gowda to the "Pran Pratishtha" ceremony can be considered a personal connection between PM Modi and Deva Goda, which led to the BJP-JD(S) alliance. Kumaraswamy elaborated on the dynamics between PM Modi and Deve Gowda, stating, "When Narendra Modi ji entered national politics, at that time Deve Gowda was one of the main critics of Modi's national entry. Then, despite whatever he said at that time, after Modi Ji became PM, he went to meet him. Deve Gowda ji wanted to resign from his MP constituency, but Narendra Modi ji advised him that his advice was required and he must continue in parliament. This is the respect shown by the Prime Minister for Deve Gowda ji. After assuming the role of PM, they met several times, and each time the PM showed respect." **-ANI**

NOTES FROM THE FIELD

Chopper envy

MLA G Janardhana Reddy revealed that owning a helicopter triggered political envy, attributing it to his modest appearance despite newfound wealth. He recounted his humble beginnings. "Instead of relocating from Ballari to Bengaluru, I endured lengthy commutes due to poor road conditions, spending around 12 hours on travel. To save time, I invested in a Rs 20 crore helicopter. I stayed in Ballari but used the chopper solely for travel between the two cities. Sadly, misconceptions arose, fueling jealousy, contributing to my downfall," he added.

Discontent brewing

The alliance between JDS and BJP for the Lok Sabha polls has stirred dissatisfaction, especially evident in Hassan. A former BJP MLA from Hassan, known for his strained relationship with the current JDS MP Prajwal Revanna, has refrained from participating in the campaign. He told reporters, "I respond in kind to the respect shown by the people. If there are complaints against me, I prefer to remain at home. So far, I have not received any directives from BJP higher-ups instructing me to actively campaign against my former adversaries."

No enemies

In politics, alliances and loyalties can shift unexpectedly. Former BJP MLC Tejaswini Gowda has re-entered the Congress fold and was recently spotted alongside Deputy Chief Minister DK Shivakumar during a press conference. Addressing the media, DKS mentioned that Tejaswini had returned to the Congress after departing from the saffron party. Tejaswini initially embarked on her career as a journalist, gaining attention for her spirited interview with former CM HD Deve Gowda, which became a topic of discussion across the town. However, when Gowda opted to contest from the Kanakapura constituency, DKS fielded Tejaswini against him, resulting in her victory over Gowda. Subsequently, Tejaswini ascended in political stature before experiencing a falling out with DKS and subsequently joining the BJP. Nevertheless, as the adage goes, in politics, alliances are often transient, and former adversaries can become

allies once again. Tejaswini's return to the Congress has been welcomed by her one-time political mentor, DKS, indicating the fluid and unpredictable nature of political relationships.

Security lapse

A security lapse occurred recently when Chief Minister Siddaramaiah was being felicitated while campaigning with other Congress leaders in an open vehicle. Upon reaching Wilson Garden, a Congress leader climbed onto the vehicle to honour Siddaramaiah, carrying a gun. Photographs of the incident spread online, leading to questions about how security personnel could allow someone with a gun to approach the CM. **—Sridhar Vivan**

2024 Parliament Election

Telangana CM campaigns for Khan

Telangana Chief Minister Anumula Revanth Reddy spearheaded a vcampaign in support of Bengaluru Central Congress candidate Mansoor Ali Khan. Urging voters to rally behind Khan, the campaign reached its peak during a high-profile Lok Sabha election meeting at Mahadevpur Assembly Constituency.

Present at this gathering were Shivajinagar MLA Rizwan Arshad, Mahadevpur Constituency Congress Leader and former minister H Nagesh Belathur, President of (East) Gounder Nandu, KPCC General Secretary G Shekar, along with several dedicated party workers. A massive road show took center stage on Sunday morning under the stewardship of Shantinagar MLA NA Haris at Domlur Shankar Nag Road within the Shantinagar Assembly Constituency. The call for votes resonated throughout as KPYCC President Nalpad, DCC (East) President Nandakumar, Block Presidents, Ward Presidents, former city council members, Congress party leaders, office bearers, activists, and a substantial turnout of the public lent their support to the cause.

-Prakash VL

BETTER TOGETHER? VICKY ON VALENTINE'S DAY WITH KAT » PAGE 12

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CHANGE OF NAME

I, AJAY S/O. Ganpat Rao Hirve, D.O.B: 07.03.1991, Residing at No. 102, Sumukha Maple Grove, Yelenahalli Main Road, Near DLF Newtown, Akshaynagar Bengaluru-560068, have changed my name to AJAY G HIRVE vide affidavit 18/04/2024 before Notry Kundan Babu M.

I, Kumudini Hariharan W/o Vivekanand B R/o No.44, 1st main road, 2nd stage,Michael - palya, New Thippasandra PO, Bengaluru 560075 have changed my name to Kumudini Vivekanand affidavit Dt.20/04/2024 notary Harisha G, B'luru

I Shivashankar Prabhu S/O, Basappa Chamaiah R/o 21/13-1, 5th Cross, 1st Main, Byatryanpura Mysore Road, Bengaluru, 560026 have changed my name to Shivashankar Prabhu B C.

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Just 1 run short

Royal Challengers Bengaluru's Mohammed Siraj and Lockie Ferguson react after the team's defeat against Kolkata Knight Riders in the Indian Premier League (IPL) 2024, at Eden Gardens in Kolkata on Sunday; (Below) Virat Kohli speaks to the on-field umpire after being given out on a slow full toss by KKR's Harshit Rana

Kolkata beat Bengaluru by one run in IPL as Kohli fumes at dismissal

Kolkata Knight Riders survived a late charge by Royal Challengers Bengaluru batsmen to win by one run in an IPL thriller after Virat Kohli's angry outburst at his dismissal on Sunday. Bengaluru conceded 222-6 after electing to field first at Kolkata's Eden Gardens with Phil Salt smashing 48 off 14 balls and skipper Shreyas Iyer hitting 50. Needing 21 to win in the final over by Mitchell Starc, Bengaluru's number 10 Karn Sharma hit the Australian left-arm quick for three sixes before being caught and bowled. Wicketkeeper Salt then ran out Lockie Ferguson on the last ball despite a wide throw by the fielder as Bengaluru were bowled out for 221.

Bengaluru slipped early in their chase when Kohli, who made a seven-ball 18, fell caught and bowled off Harshit Rana. But the former India captain looked confident the high full-toss was above his waist as the umpires checked for a no-ball. TV umpire Michael Gough declared it out after technology suggested the trajectory of the ball dipped below the waist of the batsman, who returned furious after exchanging words with the on-field officials. "It was crazy. Rules are rules, Virat and myself in that space thought the ball was higher than his waist," skipper Faf du Plessis, who was with Kohli at the other end when the drama unfolded, said.

"You always find one team happy and the other not so with such decisions." The drama did not help Bengaluru in their chase as the bottom-placed side in the 10-team table slumped to their seventh loss in eight matches. Earlier Kolkata started strongly with Salt's explosive knock as the England wicketkeeper-batsman smashed seven fours and three sixes.

Fast bowlers Yash Dayal and Cameron Green took two wickets each to dent Kolkata's top and middle-order but Iyer kept calm to raise his fifty in 35 balls. He fell after a 40-run stand with Rinku Singh, who hit 24. Andre Russell, who made 27 off 10 balls and Ramandeep Singh, who hit 24 off nine, finished with a flourish in an unbeaten stand of 43. Russell then turned up with his pace bowling as he took three wickets and fellow West Indian Sunil Narine took two to dent the chase. England batsman Will Jacks, who made 55, and Rajat Patidar, who hit 52, attempted to set up the chase in a 102-run third-wicket stand, which was broken by Russell. Russell took down the batsmen in one over and mystery spinner Narine came up with another double blow in one over including Green and Mahipal Lomror. Dinesh Karthik with his 18-ball 25 and Sharma with 20 off seven balls tried their best to chase down the target but Kolkata held their nerve. — AFP

Biggest wicket-taker for single team

Kolkata Knight Riders (KKR) bowling all-rounder Sunil Narine overtook Sri Lankan and Mumbai Indians (MI) pace legend Lasith Malinga to become the player with the most wickets for a single team in the history of the Indian Premier League (IPL). Narine accomplished this milestone during his side's match against Royal Challengers Bengaluru (RCB) at Eden Gardens.

In the match, Narine could contribute just 10 runs with the bat.

However, he made amends by doing well with the ball. He took 2/34 in his four overs, with an economy rate of 8.50.

He took game-changing wickets of Cameron Green and Mahipal Lomror which swung the game in KKR's favour.

Now in 169 matches, Narine has taken 172 wickets at an average of 25.59 and a strike rate of 22.75, with the best figures of 5/19. Surpassing Malinga, who has 170 wickets in 122 balls, Narine became the sixth-highest wicket-taking bowler in IPL history. — IANS

HEALTH TIP: Alkaline water is said to significantly increase hydration, keeping you focused throughout the day

Green tea boasts abundant antioxidants, offering a variety of health benefits, including the reduction of bloating

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RUN, Y'ALL, RUN

Why you shouldn't be afraid to start running after middle age

As someone who started marathon running in mid-life, I know how many aches and pains (and doubts) you can have if you take on the challenge to start running at an older age. But as an orthopaedic surgeon who has replaced thousands of worn-out hips and knees throughout my career, I also know just how much exercise actually helps the joints.

Hobbling around my orthopaedic hospital after my first marathon actually led me to do research on runners. After conducting 1,000 MRI scans of the joints of mid-life exercisers (both runners and cyclists) and "couch potatoes", I now better understand just how beneficial mid-life running is for the knees, hips and spine.

The findings were very surprising to me, particularly in the knee study. The high-resolution MRI scans found most of the 115 middle-aged participants had abnormalities in their knees before starting marathon training. Half of these abnormalities would typically have required keyhole surgery in the past.

But none of the knee abnormalities stopped them from finishing the marathon. And, in the MRI scans conducted after the marathon, they had no signs of deterioration in their joints. This totally changes how we can advise would-be runners who are found to have an abnormality on MRI scan of their knee.

Astonishingly, we also found that the bones of some runners improved after the marathon. In ten volunteers who had changes in their bone marrow that would normally have signalled pre-arthritis (which occurs before even other early signs of arthritis do), these signs vanished on the MRI after the marathon.

A commonly held belief is that exercise damages joints and may lead to osteoarthritis (sometimes referred to as "wear-and-tear arthritis") later in life. But while osteoarthritis is more common after middle age, it may actually be a lack of activity that leads to osteoarthritis. The more a joint is used, the stronger it makes the bone and muscle around it.

Studies on inactivity have shown that for bones to remain healthy, our skeleton needs to be stimulated by mechanical load (physical stress) – such as the impact of walking or running. Both bed rest or zero gravity in outer space result in reduced quality and strength of bone (osteopenia and the more severe osteoporosis).

> **"Running provides good stimulus for the bone building cells. Having healthy bone underneath the joint surface is important for avoiding osteoarthritis**

This is because our bones are alive, with cells constantly building and removing bone. Mechanical force is necessary to stimulate the cells that build bone and inhibit the cells that take away bone.

Running provides a very good stimulus for the bone building cells. Having healthy bone underneath the joint surface is particularly important for avoiding osteoarthritis.

Inactivity also causes muscle wasting (sarcopenia), which affects how the joints move. Reduced muscle use, whether it is through inactivity or sarcopenia or both, also reduces the production of anti-inflammatory myokines from the muscles.

These chemicals are released when we exercise, and help reduce joint swelling and calm irritated joint linings. This effect is pronounced in runners because running uses some of the largest muscles in the body – such as the glutes, quadriceps and hamstrings.

Another benefit of exercise is it improves the way our cartilage surfaces move over each other. This keeps the joint stable when we move and ensures any pressure is placed evenly on the joint's surface.

Strength and conditioning exercises (such as using resistance bands or doing reformer pilates can improve muscle function and therefore cartilage function even further – especially for the cartilage in our main limb joints.

Where to begin

In general, the best way to support our joints involves a combination of different exercises, including muscle resistance (such as strength training), bone impact (such as running) and stable joint movement (such as cycling).

If you want to start running, the main message is to ease into it to reduce the risk of injury. This should help reduce your risk of injury.

One of the best ways to ease into running in mid-life is the NHS Couch to 5K running programme. It's a free guide that will help you gradually work up towards running 5km in just nine weeks. It's also designed for everyone – including absolute beginners.

The plan involves three runs a week, with a day of rest in between, and a different schedule for each of the nine weeks. It also uses a mix of running and walking to build your fitness and stamina. This helps avoid overdoing it and giving up.

Of course, there are some instances where running may damage our joints. These are usually because of past injury – such as when there's a broken bone extending into the joint, causing uneven cartilage surface.

Another example is when a ligament has ruptured, and the joint becomes unstable. An unstable joint will move abnormally and may damage the cartilage. An unstable joint may also be caused by abnormal muscles around the joint. If you've experienced any of these problems, you'll want to be careful when exercising to avoid further damage. It's best to speak with your doctor to come up with an exercise plan that works for you.

Running is a great way to keep bones and muscles healthy, helping prevent damage and even osteoarthritis. Just make sure to take it slow at first.

(By Alister Hart, UCL, The Conversation)

All you need to know about...

Keeping sugar in check

Spike after eating
Most of the time, the after-meal blood glucose rise is temporary, even hardly noticeable. Over time, recurrent spikes in blood sugars can raise your HbA1c level which can increase the risk of other health complications., and nuts have low GI.

Limit foods that have a high glycemic index (GI)
GI is a measure of how fast a food can cause blood sugar to rise. A GI score is rated between 0 to 100. Foods that have a high GI are often high in processed carbohydrates and sugars, are quickly digested and absorbed, and can cause a rapid rise in blood sugar. Similarly, foods with a low GI are broken down at a slower rate and cause a slower rise in blood sugar. Most fruits, vegetables

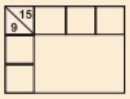
Include More Fibre In Your Diet
Another dietary adjustment to maintain blood sugar spikes is eating more high-fiber foods. Long story short, fibre helps slow glucose release into your bloodstream. Oats, fruits, and whole grains are good sources of fibre.

Balance Your Plate
Ensure that your meals contain an appropriate ratio of carbs, proteins, and fats. Eating only large portions of carbs for instance can cause too much sugar to be released into the bloodstream. Since proteins and fats take longer to digest, pairing carbs with them can help keep your blood sugar steady.

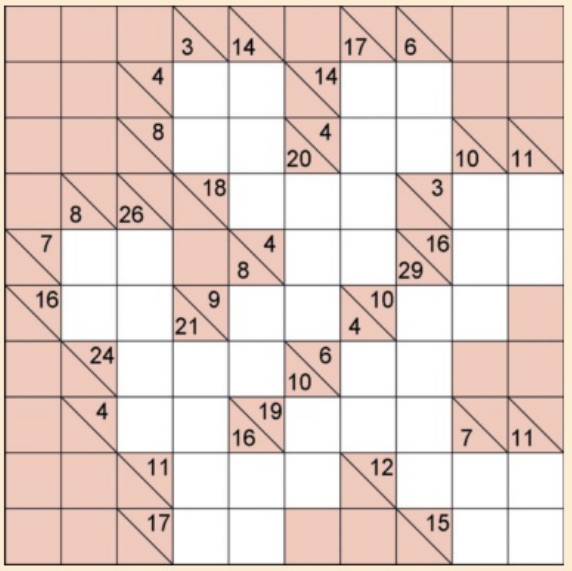
Move After Eating
Being active after eating can also help lower blood sugar. No, we aren't asking you to go hit the gym right after a heavy meal, but simply moving around and walking in your space can help. A study showed that walking for 15 minutes after meals significantly improved glycemic control over 24 hours. **–Femina**

Kakuro

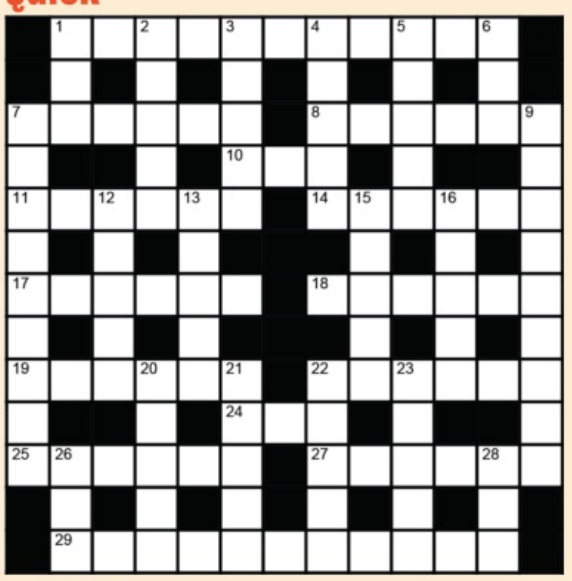
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Time flies - in Latin (6,5)
7 Boxed and roped? (6)
8 Unjust (6)
10 Charged atom (3)
11 Indicated assent (6)
14 Scandalmonger (6)
17 Feeds into a computer (6)
18 Higher ranking (6)
19 Detesting or abhorring (6)
22 Fund-raising ticket sale? (6)
24 Actress Gardner (3)
25 Crazier (6)
27 Refuses or negates (6)
29 Placing close together, putting side by side (11)

DOWN

1 British naval sailor (3)
2 Subdued (5)
3 Reversed (5)
4 Threw or hurled? (5)
5 Presents (5)
6 Numerical prefix (3)
7 Road that is also known as Sampangi Ramaswamy Temple Road (9)
9 Journalists (9)
12 Bus garage (5)
13 Pop star ___ John (5)
15 Musical drama (5)
16 Small light boat (5)
20 List of a book's contents (5)
21 Irish policeman (5)
22 Wireless set (5)
23 Mushrooms and toadstools (5)
26 RK's Kal __ Aur Kal (3)
28 Breakfast staple (3)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: J EQUALS G

TPVWZSA, GRVQPWR PWV LSROBTPOJ QHPO, BHOOZW YR EOFPIRG, TZLRIRS, PX XHBRG LPWT BZESHJR, ORRG OZW YR FPIRG HJHPO.

Linemaro

Did you get your licence suspended for driving so many guys crazy?

Mindchow

Our life always expresses the result of our dominant thoughts

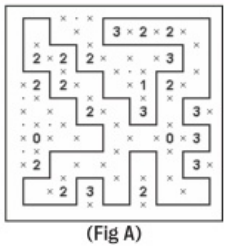
Joke of the day

The best time to give advice to your children is while they're still young enough to believe you know what you're talking about

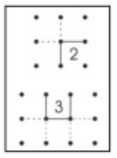
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



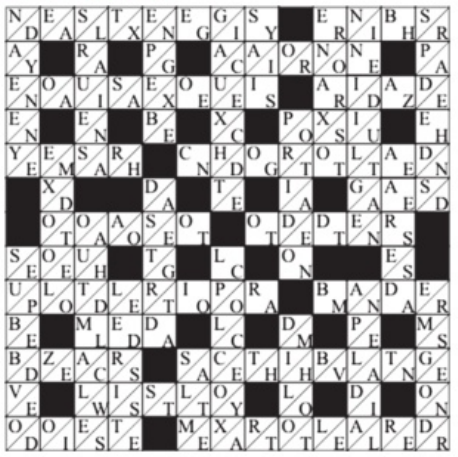
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

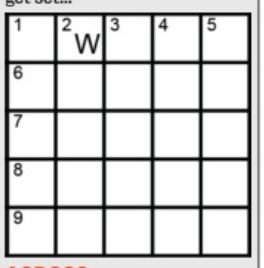
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

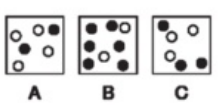
1 Straw; 6 A leap;
7 Shame; 8 Roils;
9 To let

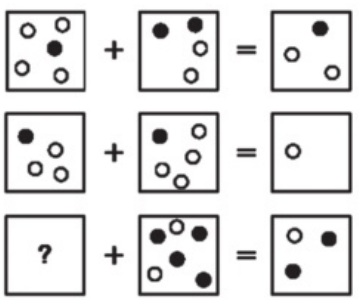
DOWN

1 Palls; 2 O whoa;
3 Ratel; 4 Mitre;
5 Easts

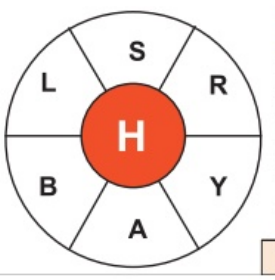
Mensapuzzle

Which square below should replace the question mark?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 07 Outstanding

SudokuChallenge

		8	9	7	6	5		
	2						9	
5				1				4
6			5		3			1
	7		1		4		5	
4			7		9			3
7				9				8
	6						4	
		1	8	4	2	7		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

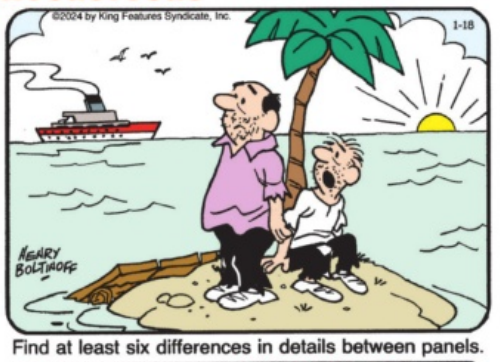
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 8
2 8 9 9

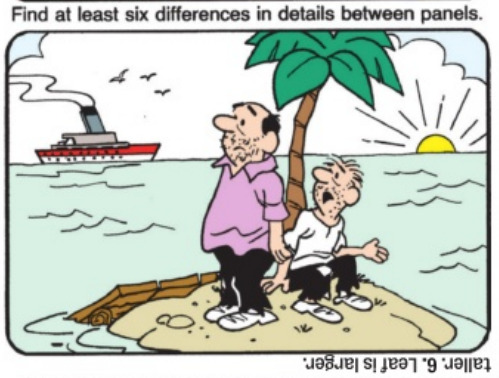
Medium = 23
3 3 8 9

Hard = 30
1 4 5 2

Hocusfocus



Find at least six differences in details between panels.



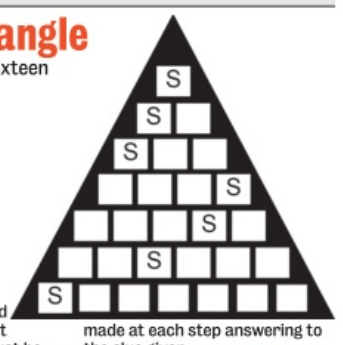
Differences: 1. Ann is added. 2. Edge of sleeve is not tom. 3. Mouth is different. 4. Foot is moved. 5. Smokestack is taller. 6. Leaf is larger.

Riddler

In the beginning, nobody will object That I am the matter, issue, and subject Change the third then I become Poisonous, hazardous, even fatal, to some Change it again and then you'll find me In the bars and pubs of the city What am I?

Alpha triangle

1 Atomic number Sixteen
2 Thus
3 Imbiber
4 Barracks' beds
5 Shore
6 Rib related
7 Impassive



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

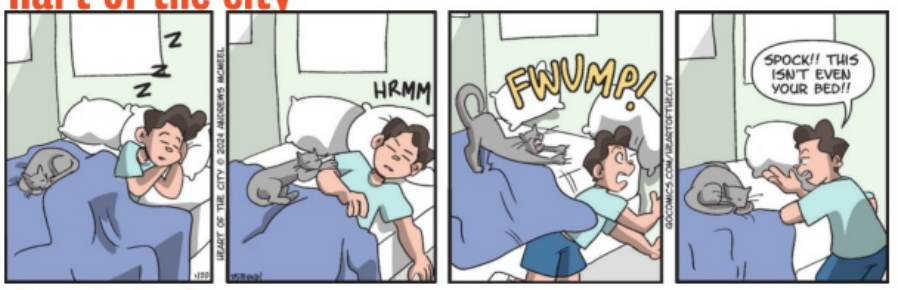
Bizarrotrip

Wayno & Piraro 1-18-24
Dist. by King Features
Legally, my hands are tied; they have a valid building permit.
PEST CONTR
BIZARRO.COM

Popeye

Diamond Lil

Hart of the city



Crankshaft

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, your tendency to overspend will affect your savings. Be careful while expressing yourself at work and on the domestic front. Avoid lending money and postpone making important decisions in real estate and other asset issues. Try to avoid shirking responsibilities.

Taurus Apr 21 – May 20
Today, there may be peace of mind. You may plan to invest some capital in the business, which may increase liquidity. Your earnings may boost your financial health. You may enjoy romantic moments with your spouse, enhancing harmony in family life. Singles may find a suitable match and lovebirds may decide to get married. Students will be blessed with good karma.

Gemini May 21 – Jun 21
Today, you may be very happy as your losses may convert into profits. Your seniors may appreciate your work, and there may be changes in your position or responsibilities at work, possibly involving promotions. Your opponents and hidden enemies may now be under control. Singles and lovebirds may make important decisions regarding marriage with the help of relatives or friends.

Cancer Jun 22 – July 23
Today, you are blessed by the moon, which may make you happy. Last week's crunch is now over, and with the help of blessings, you may see the reciprocation of your hard work. With the help of your subordinates, you may be able to initiate postponed work. There may be gains in your business, boosting your finances.

Leo Jul 24 – Aug 23
Today, you may feel dull and may experience some health issues. Postpone investments into the business and avoid starting new ventures. You may face losses in the business, and gains may turn into losses.

Virgo Aug 24 – Sep 23
Today, you may receive some business orders that may be profitable in the near future. You may implement new ideas in your work and form new partnerships. You may be busy at work, which may affect your domestic life.

Libra Sep 24 – Oct 22
Today, you may perform well in your job, with cooperation from your colleagues. You may complete postponed projects on time and lend money for investment purposes. Job seekers may find new jobs, and there may be positive news for those affected by old health issues.

Scorpio Oct 23 – Nov 22
Today, situations are improving, and people around you may respond positively. Avoid taking life as a burden and try to sustain yourself in unavoidable situations. Blessings from elders may help you overcome difficulties, and confusion in choosing targets may be resolved.

Sagittarius Nov 23 – Dec 22
Today, tasks may remain incomplete, and you may experience mood swings. Lovebirds may feel confused about their feelings, and excessive expectations may affect emotional attachments. Take care of your parents, and students may lose concentration.

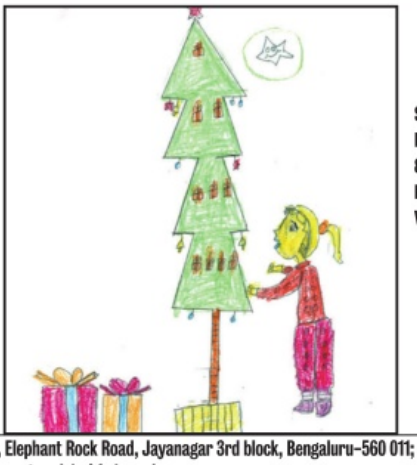
Capricorn Dec 23 – Jan 20
Today, you will be glad as you maintain a balance between earnings and expenditures, boosting your finances. Your network will help you implement plans, and siblings and subordinate staff will be helpful. Plan a visit to elders or a religious place.

Aquarius Jan 21 – Feb 19
Today, your energy level will be high, making you happy and optimistic to fulfil your desires through hard work. Plan outings with friends and family to share happiness, and students may receive good news regarding their studies.

Pisces Feb 20 – Mar 20
Today, until late afternoon, the day may not be good, and you may feel unhappy and nervous. However, from the afternoon onwards, you will be happier as internal vitality boosts self-confidence. Avoid carelessness in financial, professional, and study decisions. Maintain patience to avoid converting happy moments into bad ones, and lovebirds may plan short trips.

KIDZONE

S Ajith,
13 Years,
Channakeshava Swamy School



Shraavya M Rai,
8 Years,
Kendriya Vidyalaya

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
$\sqrt[5]{216} = \sqrt[5]{(-6^3)} = -6$

BULL'S EYE
ashy, bash, brash, BRASHLY, lash, rash, rashly

FAST FIVE

S	W	A	R	T
P	A	L	E	A
A	H	E	M	S
L	O	R	I	S
L	O	T	T	E

QUOTE UNCODE
History, despite its wrenching pain, cannot be unlived, however, if faced with courage, need not be lived again.

STRIKE OUT

N	E	S	T	E	G	G	S	R	I	B	S	P		
A	A	P	A	A	R	O	N	P						
A	U	S	E	O	U	S	A	D	Z	E				
N	N	E	C	P	S	U	E							
Y	E	A	H	C	H	O	R	T	L	E	D			
X		A	E	A	G	A	S							
T	O	A	S	T	O	D	D	E	R					
S	O	U	T	C	O	E								
U	L	T	E	R	I	O	R	B	A	D	E			
B	L	E	A	C	M	P	M							
B	E	A	R	A	C	T	I	V	A	T	E			
E	W	I	T	T	Y	L	I	N						
D	O	S	E	E	X	T	O	L	L	E	D			

QUICK

T	E	M	P	U	S	F	U	G	I	T				
A	U	N	L	I	R									
C	R	A	T	E	D	U	N	F	A	I	R			
U	E	I	O	N	T	E								
N	O	D	D	E	D	G	O	S	S	I	P			
N	E	L	P	R	A	F	F	L	E					
I	N	P	U	T	S	S	E	N	I	O	R			
G	O	O	R	F	T									
H	A	T	I	N	G	R	A	F	F	L	E			
A	N	A	V	A	U	R								
M	A	D	D	E	R	D	E	N	I	E	S			
A	N	D	E	R	S	O	N							
J	U	X	T	A	P	O	S	I	N	G				

SUDOKU

3	4	8	9	7	6	5	1	2
9	3	1	8	4	2	7	6	5
8	6	2	3	5	7	1	4	9
7	5	4	6	9	1	3	2	8
4	1	5	7	6	9	2	8	3
2	7	3	1	8	4	9	5	6
6	8	9	5	2	3	4	7	1
5	9	7	2	1	8	6	3	4
1	2	6	4	3	5	8	9	7

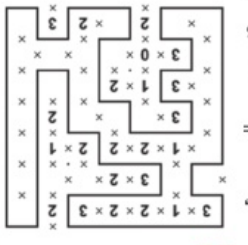
MENSA PUZZLE
D: In each line take the difference between the numbers of black and white dots respectively to arrive at the number and colour of dots in the final square.

RIDDLER
The words Topic, Toxic, and Tonic.

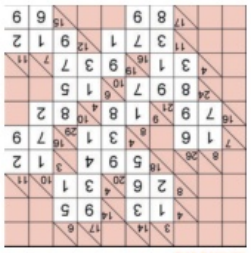
ALPHA TRIANGLE
S, So, Sot, Cots, Coast, Costal, Stoical.

GO FIGURE
Easy
9 − 8 − 2 + 9 = 8
Medium
9 + 5 + 3 + 8 = 23
Hard
4 + 2 x 1 x 5 = 30

LOOP



KAKURO



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SANDALWOOD SHOTS
Y MAHESWARA REDDY

Old title, new story

Debutant director Omprathap H from Shivamogga is trying to test his luck in Sandalwood with Appaji that went on floors recently. Actor Pratham sounded the clapboard for the first scene at Siddaganga Math while veteran actor Swastik Shankar switched on the camera. Appaji has the tagline 'Preethige Kadalu Kopakke Sidilu'. Dr Vishnuvardhan played the lead role in a Kannada movie with similar title - Appaji - three decades ago.

"Initially, we decided to title the film Janaka. I wrote the script and made arrangements to begin the shooting but I came to know that a producer has already registered that title with the Karnataka Film Chamber of Commerce. Later, I consulted with the producer to find a suitable title. Since, the producer and I are Dr Vishnuvardhan's fans, we selected – Appaji – as the title," said Omprathap.

Prior to this, Omprathap directed Kitatha Preethi, a Kodava movie that was screened at Kolkata Film Festival in 2018. B Chandiradhar, an advocate from Tumakuru, is bankrolling the movie apart from playing a key role.

Quite a miracle

The much-delayed movie Ithyadi is scheduled for release shortly. Its title was launched last July and director D Yogaraj was supposed to apply for a Censor Certificate more than six months ago but it got delayed.

"The completion of pre-production and post-production works itself is a miracle. I am an atheist but the incidents that took place during the shoot of this movie made me feel the presence of God. There were many hurdles for this movie but all those hurdles were like passing clouds. The shooting of this movie in a forest area is itself a miracle," said director D Yogaraj.

Ithyadi is bankrolled by Mahendran, Srinivas, and Neelakantan under the Charandev Creations-Advaitha Films-Neelakanta Films banner. "It is a murder mystery and crime thriller. It is about a custom of pregnant women visiting the temple to worship a village goddess who get killed in mysterious circumstances," the director said.

The movie was shot at Agumbe, Sringeri, and Chikmagalur for 62 days. "Tamil actor late Nagesh' son Anand Babu plays the heroine's father in the movie. I Mani of Manjummel Boys fame has also played a key role," the director said.

Better together

Vicky Kaushal opens up about V-Day celebration with Katrina Kaif post-wedding

In the recent episode of Netflix's 'The Great Indian Kapil Show', comedian-host Kapil Sharma was seen having a great time with actor siblings Vicky Kaushal and Sunny Kaushal.

Kapil joked with Vicky about his wife, actress Katrina Kaif, and teased Sunny about his rumoured girlfriend, actor Sharvari Wagh. He also asked Vicky about his pre and post marriage Valentine's Day.

To this, Vicky responded "Earlier, the idea was to spend quality time together and now also the idea is the same."

Vicky and Katrina got married in December 2021 and prior to that the couple had kept their relationship low-key and were rarely seen together.

The 'Zara Hatke Zara Bachke' actor also quipped about how in their childhood Sunny sometimes used to accidentally fall into the gutter when they went out with their father.

He also shared a childhood memory of being scared of a guest who visited their home because they knew they would have to dance in front of them.

Meanwhile, Vicky Kaushal's upcoming project "Chhava," directed by filmmaker Laxman Utekar, known for movies like "Mimi" (2021) starring Kriti Sanon, "Luka Chuppi" (2019), and more. This marks their second collaboration after their previous film, the romantic comedy "Zara Hatke Zara Bachke" (2023). "Chhava" is reported to be a period drama, where Kaushal will star alongside Rashmika Mandanna. Sources suggest that Kaushal will portray the role of Chhatrapati Sambhaji Maharaj, the eldest son of the Maratha Empire's founder, Chhatrapati Shivaji Maharaj.

The 'Great Indian Kapil Show'has broadcast four episodes to date. **–ANI**

Summer of style

Karisma Kapoor on Sunday won the hearts of her fans worldwide by dropping some mesmerising pictures of herself in a breezy summer attire.

The 'Dil To Pagal Hai' actress took to her Instagram and shared a string of pictures donning a pastel green floral co-ord set.

The set comprises a long kurta-style top paired with matching trousers. She opted for a no-makeup look and tied her hair in a ponytail. Karisma rounded off the look with silver hoop earrings, juttis and sunglasses. For the caption, the actress wrote: "Summer lovin." Fans showered love in the comments section, with one expressing, "awssmmmm", while another conveyed, "love from Pakistan". A user also wrote: "Luv from Kashmir".

She was recently seen in the mystery thriller film 'Murder Mubarak'. **–IANS**

Italian itinerary

A new Bollywood megastar Shah Rukh Khan's daughter Suhana, who made her film debut with the critically panned streaming film 'The Archies', is enjoying her vacation in Italy. The actress took to her Instagram and shared an array of pictures from her holiday in Italy. In the pictures, she can be seen strolling along the lanes of Italy, enjoying lip-smacking food, witnessing the architectural beauty of Milan, and trying new fashion outfits. She simply captioned the pictures, "Ciao!" Suhana's friend Ananya Panday, who was last seen in the streaming film 'Kho Gaye Hum Kahan' took to the comments section and wrote, "Can see all the new shopping already."

Suhana will next be seen making her big screen debut with 'The King'. **–IANS**

What a good role

Manushi Chhillar won the Miss World title in 2017, post which she marked her acting debut with Akshay Kumar in Samrat Prithviraj. This year, Manushi appeared in two movies, Bade Miyan Chote Miyan and Operation Valentine, alongside Varun Tej.

Manushi also discussed her admiration for Vanga, especially how he depicts female characters in movies. She also complimented Rashmika Mandanna for her role in Animal and stated, "In this entire men fighting each other kind of story, she stood her ground, her character had an arc and Rashmika did a great job. That's a role I would have loved to do." On the work front, Manushi Chhillar will soon be seen in 'Tehran', wherein she shares the frame with John Abraham. **–ETimes**